



SOPHIA ASSOCIATES

Awakening Leadership Within

Brain Theory

A User's Guide to the Brain by John J. Ratey, M.D.

Change Your Brain Change Your Life by Daniel Amen

How to Think Like Leonardo DaVinci by Michael Gelb

Images of Organizations by Gareth Morgan

Imaginization: New Mindsets for Seeing, Organizing and Managing by Gareth Morgan

The Little Book of Bleeps

The Mind Map Book by Tony Luzon

The Owners Manual for the Brain by Pierce Howard

Thought As a System by David Bohm

Using Your Brain for a Change by Richard Brandler

What the Bleep Do We Know: Discovering the Endless Possibilities for Altering Your Everyday Reality with Jack Forem and Ellen Erwin

Career Management

Career Dynamics: Matching Individual or Organizational Needs by Edgar H. Schein

Changing Careers for Dummies by Carol L. McClelland, Ph.D.

Do What You Are by Paul D. Tieger and Barbara Baron-Tieger

Do What You Love, The Money Will Follow by Marsha Sinetar

Job Shift: How to Prosper in a Workplace without Jobs by William Bridges

Take This Job and Love It:: How to Change Your Work Without Changing Your Job by Dennis T. Jaffe, Ph.D. and Cynthia D. Scott, Ph.D., M.P.H.

What Color Is Your Parachute? By Richard Nelson Bolles

What to do with the rest of your life by Robin Ryan

The Managers Pocket Guide to Performance Management by Sharon G. Fisher

Change

Beyond The Wall of Resistance by Richard Maurer

Break Point and Beyond: Mastering the Future-Today by George Land and Beth Johnson

Deep Change: Discovering the Leader Within (Jossey-Bass Business & Management Series) by Robert E. Quinn

Discontinuous Change: Leading Organizational Transformation (Jossey-Bass Management) by David A. Nadler, et al

Leading Change by John P. Kotter

Managing Change by Todd D. Jick

Managing Transitions: Making the Most of Change by William Bridges

New Work Habits for Radically Changing World by Price Pritchett

Professional Balance: The Careerstyle Approach to Balanced Achievement by Rick Griggs

Riding the Tiger: Doing Business in a Transforming World by: Harrison Owen

The Dance of Change: The Challenges to Sustaining Momentum in Learning Organizations by Peter Senge, Art Kleiner, Charlotte Roberts, Richard Ross, George Roth Bryan Smith.

Conflict Management

Evolution of Cooperation by Robert Axelrod

Resolving Conflicts at Work: A Complete Guide for Everyone on the Job by Kenneth Cloke and Joan Goldsmith

Since Strangling Isn't an Option: Dealing with Difficult People – Common Problems and Uncommon Solutions by Sandra A. Crowe, M.A.

Terms of Engagement by Richard Axelrod

The Magic of Dialogue: Transforming Conflict into Cooperation by Daniel Yankelovich

Cross-Cultural

Cultural Intelligence: A Guide to Working with People from Other Cultures
by Brooks Peterson

Dialogue / Communications

Communicating in Interpersonal Relationships by Blaine Goss and Dan O’Hair

Crucial Conversations by Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler, Stephen R. Covey

Dialogue and the Art of Thinking Together by William Isaacs

Difficult Conversations: How to Discuss What Matters Most by Douglas Stone, Bruce Patton, Sheila Heen

Getting to Yes: Negotiating Agreement without Giving In by Roger Fisher and William Ury

How the Way We Talk Can Change the Way We Work by Robert Kegan and Lisa Laskow Lahey

How to Speak, How to Listen by Mortimer J. Adler

The Art of Framing: Managing the Language of Leadership by Gail T. Fairhurst and Robert A. Sarr

The Essential Bohm by Lee Nichol and David Bohm

You Just Don’t Understand by Deborah Tannen

Diversity

Redefining Diversity by R. Roosevelt Thomas, Jr.

Emotional Intelligence

Emotional Alchemy by Tara Bennett -Goleman

Emotional Intelligence at Work by Hendrie Weisinger

Primal Leadership by Daniel Goleman

Molecules of Emotion by Candace Pert

The Broken Heart: The Medical Consequences of Loneliness by James J. Lynch

The Handbook of Emotionally Intelligent Leadership: Inspiring Others to Achieve Results by Daniel Feldman

The Heart of Change by John P. Kotter

The Heart of the Leader by Ken Blanchard

Working with Emotional Intelligence by Daniel Goleman.

You Are What You Say by Matthew Budd and Larry Rothstein

Feedback

360° Feedback by Mark R. Edwards and Ann J. Ewen

Turning Feedback into Change by Joe Folkman

Focus, Productivity and Concentration

ADD-Friendly Ways to Organize Your Life by Judith Kolberg and Kathleen Nadeau

ConZentrate: Get Focused and Pay Attention--When Life Is Filled with Pressures, Distractions, and Multiple Priorities by Sam Horn

Getting Things Done: The Art of Stress Free Productivity by David Allen

Generations

Geeks & Geezer, by Warren Bennis

Generations at Work by Ron Zemke, Claire Raines, and Bob Filipczak

Leadership

1001 Ways to Reward Employees by Bob Nelson

Awakening the Leader Within by Kevin Cashman

Coping With Difficult People by Robert M. Bramson, Ph.D.

Coping With Uncertainty by Uri Merry

Do it! Let's Get Off Our Butts by John-Roger & Peter McWilliams

Empowering the Leader Within: Four Essential Virtues – A Process for Achieving Peak Leadership Performance by Rick C. Brocato, Joan De Simone, Marc De Simone

Enlightened Leadership by Ed Oakley and Doug Krug

Everyone's A Coach: You Can Inspire Anyone to Be a Winner by Don Shula and Ken Blanchard

Fail-Safe Leadership: Straight Talk about Correcting the Leadership Challenges in Your Organization by Linda L. Martin, David G. Mutchler.

First Among Equals by Patrick J. McKenna and David Maister

First Break All the Rules: What the World's Greatest Managers Do Differently by Marcus Buckingham and Curt Coffman

First Things First by Stephen R. Covey, A. Roger Merrill, Rebecca R. Merrill.

Freedom and Accountability at Work by Peter Koestenbaum and Peter Block

Good Business: Leadership, Flow, and the Making of Meaning by Mihaly Csikszentmihalyi

Harvard Business Review on The Mind of the Leader

Hard Wired It Leadership: Unleashing the Power Personality to Become a New Millennium Leader by Roger Pearman

Holding the Center: Sanctuary in a Time of Confusion by Richard Heckler

House of Belonging, by David Whyte

Leader as Coach: Strategies for Coaching and Developing Others by David B. Petersen, Ph.D. and Mary Dee Hicks, Ph.D.

Leaders: The Strategies for Taking Charge by Warren Bennis and Burt Nanus

Leadership and Self Deception: Getting Out of the Box by The Arbinger Institute

Leadership and the Art of Conversation by Kim H. Krisco.

Leadership and the New Science: Learning about Organization from an Orderly Universe by Margaret J. Wheatley.

Leadership and the One Minute Manager:
Increasing Effectiveness through Situational Leadership by Ken Blanchard,
Patricia Zigarmi, Drea Zigarmi.

Leadership by the Book: Tools to Transform Your Workplace by Ken Blanchard,
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Leadership from the Inside Out by Kevin Cashman

Leadership on the Line by Heifetz & Linsky

Leadership: Multidisciplinary Perspectives by Barbara Kellerman

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Lessons in Excellence from Charlie Trotter by Paul Clarke

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Sanders

Presence by Peter Senge

Putting the One Minute Manager to Work by Kenneth Blanchard, Ph.D. and
Robert Lorber, Ph.D.

Stewardship: Choosing Service over self interest by Peter Block

The 21 Indispensable Qualities of a Leader by John C. Maxwell

The Extraordinary Leader by John H. Zenger and Joseph Folkman

The Fifth Discipline Fieldbook, Peter Senge et al.

The Fifth Discipline by Peter Senge

The First 90 Days: Critical Success Strategies for New Leaders at All Levels by
Michael Watkins

The Fourfold Way by Angeles Arrien

The Leadership Challenge: How to Keep Getting Extraordinary Things Done in Organizations by James M. Kouzes, Barry Z. Posner

The Leadership Equation: Leadership, Management and the Myers-Briggs by Barr and Barr

The Leadership Moment: Nine True Stories of Triumph and Disaster and Their Lessons for Us All by Michael Unseem

The Next Level by Scott Eblin

The One-Minute Manager by Kenneth Blanchard and Spencer Johnson

The Mars Pathfinder: Approach to “Faster-Better-Cheaper” by Price Pritchett and Brian Muirhead

The Servant Leader by Ken Blanchard

The World’s Most Powerful Leadership Principle: How to Become a Servant Leader by James C. Hunter

Thoughts: on Leadership: Thoughts and Reflections from History’s Great Thinkers by The Forbes Leadership Library

What Got You Here Won’t Get You There by Marshall Goldsmith

Modern Chaos Theory

From Chaos to Confidence by Susan Campbell Harnessing

Seven Lessons of Chaos: Timeless Wisdom from the Science of Change by John Briggs and David Peat

Strategy of the Dolphin: Scoring A Win In a Chaotic World by Dudley Lynch and Paul L. Kordis

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Organization Dynamics

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Planning and Measurement in Your Organization of the Future by D. Scott Sink, Ph.D. P.E. and Thomas C. Tuttle, Ph.D.

Productive Work Places by Marvin Weisbord

Productive Work Places: Organizing and Managing For Dignity, Meaning, and Community by Marvin R. Weisbord

The Adult Learner: A Neglected Species by Malcolm Knowles

The Character of Organizations by William Bridges

The Clue Train Manifesto by Rick Levine, Christopher Locke, Doc Searls and David Weinberger

The Corporate Mystic: A Guidebook for Visionaries with Their Feet on the Ground by Gay Hendricks and Kate Ludeman

The End of Management and the Rise of Organizational Democracy by Kenneth Cloke and Joan Goldsmith

The History of Management Thought by Claude S. George, Jr.

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The New Paradigm in Business: Emerging Strategies for Leadership and Organizational Change Edited by Michael Ray and Alan Rinzler

The Quickening of America: Rebuilding Our Nation, Remaking Our Lives by Frances Moore Lappe and Paul Martin DuBois

The Rhetoric of Risk by Beverly Sauer

The Unshackled Organization by Jeffrey Goldstein

The Web of Inclusion by Sally Helgesen

The Wisdom of Teams: Creating the High-Performance Organization by Jon R. Katzenbach and Douglas K. Smith

Self Improvement

Choice Theory by William Glasser, M.D.

Finding Flow: The Psychology of Engagement with Everyday Life by Mihaly Csikszentmihalyi

Knowledge for Action by Chris Argyris

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Now, Discover Your Strengths by Marcus Buckingham and Donald Clifton

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Stewardship by Peter Block

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Taming Your Gremlin by Richard Carson

The 15 Minute Organizer by Emily Barns

The 7 Habits of Highly Effective People by Stephen Covey

The Art of Possibility: Transforming Personal and Professional Life by Rosamund Stone Zander and Benjamin Zander

The Art of Systems at Thinking: Essentials Skills For Creativity And Problem-Solving by Joseph O. Connor and Vienna McDermott will

The Art of Waking People Up: Cultivating Awareness and Authenticity at Work by Kenneth Cloke and Joan Goldsmith

The Creative Journal: The Art of Finding Yourself by Lucia Capacchione

The Human Element: Productivity, Self-Esteem and the Bottom Line by Will Schutz

The Introvert Advantage: How to Thrive in an Extrovert World by Marti Olsen Laney

The Power of Flow: Practical Ways to Transform Your Life with Meaningful Coincidence by Charlene Belitz and Meg Lundstrom

The Power of Focus by Jack Canfield, Mark Hansen and Les Hewitt

The Power of Now by EckhartToIle

The Road Less Traveled: A New Psychology of Love, Traditional Values and Spiritual Growth by M.Scott Peck, M.D.

The Shadow of Negotiation: How Women Can Master the Hidden Agendas That Determine Bargaining Success by Deborah Kolb and Judith Williams

Think Outside the Box by Mike Vance and Diane Regan

Time Management by Marshall Cook

Walk the Talk and Get the Results You Want by Eric Harvey and Al Lucia

What to Say When You Talk to Your Self by Shad Helmstetter, Ph.D.

Stress / Burnout

Stopping: How to Keep Going When you have to be Still by David Kundtz

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Stress Blasters: Quick and Simple Steps to Take Control and Perform Under Pressure by Brian Chichester and Perry Garfinkel

Synchronicity: The Inner Path of Leadership by Joseph Jawarski

The Power of Full Engagement: Making Energy, Not Time, Is the Key to High Performance and Personal Renewal by Jim Loehr and Tony Schwartz

Team Building

Team Building: Blueprints for Productivity and Satisfaction by W. Brendan Reddy with Kaleel Jamison

Team Building: Issues and Alternatives by William G. Dyer

The Five Dysfunctions of a Team: A Leadership Fable, Patrick Lencioni.

The Team Handbook: How to Use Teams to Improve Quality by Peter R. Scholtes and other contributors

Who Moved My Cheese? By Spencer Johnson, MD

Temperament

Attention Deficit Disorder: A Different Perception by Thom Hartmann

People Patterns: A Modern Guide to the Four Temperaments by Stephen Montgomery, Ph.D.

Please Understand Me II: Temperament, Character, and Intelligence by David Kiersey