



Gretchen Krampf, M.S.O.D., P.C.C.

Leadership Development Coach, Organizational Development Consultant, Facilitator

Washington DC & Seattle, WA

info@sophia-associates.com

Major Areas of Expertise:

- ☞ Small business consultant
- ☞ Strategic Planning Initiatives
- ☞ Non-Profit Executives developing leadership skills
- ☞ Team facilitator and Workshop facilitator for MBTI and The Leadership Circle™ Assessments

Gretchen Mary Krampf has more than twenty-five years experience in the fields of education, behavioral science, and leadership coaching and business management.

Ms. Krampf works as a Consultant and Coach with Executives, Managers and their Teams. Her very direct approach blends practicality, intuition, humor and sensitivity into a process that leads her clients to leverage their strengths and develop skills and relationships to achieve greater personal and professional success and satisfaction. As an Organizational Development Consultant she has worked with corporations, non-profits, governmental and educational systems to design and deliver Meeting Design and Facilitation, Teambuilding, Visioning, Strategic Planning, and Board Retreats.

As Chair of Leadership San Juan Islands, she led a team to develop and deliver an eight-month Community Leadership program in Washington State. Now in its third year, Gretchen continues to facilitate and consult to the program through Skagit Valley College, United Way and San Juan County EDC. She created and led the first Islands Women's Summit in 2005 and continues working with women in leadership through the Salish Sea Women's Circle. In addition, she consults and facilitates with several non-profit organizations, leading Board development and strategic planning processes.

As an entrepreneur, Ms. Krampf has successfully established and sold several businesses and has a strong marketing background. Her areas of success include real estate, healthcare, retail and food services and as a consultant to business and professional services clients. She brings this experience of branding and marketing to support her clients in creating success in their own careers.

Educational Background:

Ms. Krampf holds a BA in Education, MS in Organization Development from American University and holds a certification from Georgetown University's Leadership Coaching program. She is MBTI certified and is a certified consultant for The

www.sophia-associates.com

info@sophia-associates.com

Tel: 410-544-5262

Leadership Circle Profile™ - a 360 assessment. Gretchen is a Guild member and on the media team for The Five O'Clock Club in NYC and a member of numerous professional organizations including AU/NTL, the ODNetwork, American Society of Training & Development (ASTD), Women of Washington and the International Coaching Federation.

In her spare time she enjoys international travel with her husband, visiting family, early mornings on her home on Orcas Island and wine and conversation with friends and colleagues.